

St. Paul's School

Athletic Department

Philosophy

Athletics are a vital part of the total curriculum of St. Paul's School. As an extension of the academic classroom and traditional school day, many valuable lessons are learned through athletic participation. The objective of athletics is to foster an environment where young people reach their fullest potential intellectually, emotionally, and physically.

The athletic experience at St. Paul's depends primarily on the teaching faculty to coach boys in a diverse program of fourteen interscholastic sports, at the varsity, junior varsity, fresh/soph, and middle school levels. Furthermore, the school strongly discourages boys from specializing in one particular sport. Rather, boys are encouraged to vary their athletic experiences in order to enhance diversity of learning. St. Paul's athletics is dedicated to teaching the principals of participation, excellence, discipline, loyalty, self-confidence, dealing with success and failure, respect for authority, as well as getting along with other people.

Good sportsmanship displayed by participants and fans alike is a high value and expectation at St. Paul's. The grace with which teams win or lose reflect the values the School holds important.

Playing time

Teams representing St. Paul's on sub-varsity levels emphasize participation, the development of fundamental skills necessary to the sport, team spirit, and teamwork. Coaches make conspicuous and conscientious efforts to coach all boys, so each player feels they are an integral part of the team. If a student misses practice for any reason, doesn't know his responsibility, or doesn't make an effort to improve in practice, the student may lose playing time and/or his opportunity to be a part of a team. Athletic teams are for those students desiring to learn the skills necessary to play a particular sport and committed to improving their athletic ability.

The most visible team in each sport is the varsity. Substitutions and playing time at the varsity level are based on the coach's judgment of what is best for the team. There are no guarantees as to starting positions or playing time. Coaches reward and recognize the most skilled players, as well as those players with outstanding attitudes of determination, unselfishness and excellent work habits. Coaches make every effort; however, to have each young man feel he is an integral part of the team.

Cutting

As stated earlier, St. Paul's values the educational lessons learned through competitive athletics. In doing so the Athletic Department makes every effort to accommodate students who are interested in playing on an athletic team, even to the extent of subdividing a team and playing two different schedules. Unfortunately, in a few sports, facilities and participation will limit the number of students who can play on a team. In the past, we have had to cut some students in volleyball, basketball, golf, squash and baseball. If this situation arises, coaches will make every effort to be as objective in the evaluations as possible and will communicate directly to students the areas in which they need to improve.

Athletic / Activity Requirement

In Middle School, physical education is required of all students for all four years and is offered during the school day. This year, Students have the opportunity to represent St. Paul's in interscholastic competition while in grades five through eight.

In the Upper School, every Upper School student must participate in athletics and extracurricular activities. In his four years, each student must participate in a minimum of eight (8) school-sponsored activities, of which five (5) must be made up of full athletic participation on a school-sponsored team or full participation in the troupe or crew of the fall musical. Students are encouraged to surpass the minimum requirements. Because the possible combinations of activities and athletics are as varied as our students, each boy's level of participation is subject to review by the Upper School Dean of Students and the Head of the Upper School.

Practice times

- Middle School students practice Monday thru Thursday from 2:55-4:15. Blue and Gold teams will occasionally practice on Fridays.
- Upper School students practice Monday thru Friday from 3:45-6:00 with many varsity teams and a few JV teams practicing or competing on Saturdays as well as on Holidays. Occasionally, due to playoffs or extended vacation during holiday time, teams are permitted to practice on Sunday, but this is a rare occurrence.
- Fall practices will start for the Upper School on Monday, August 13
- Fall practices for Middle School students will begin on the first day of school, Wednesday, August 20.

Students may not practice until they have submitted a completed all school Physical Form online and uploaded the physician's signature!

Middle School Athletics

St. Paul's offers interscholastic athletics for Middle School students in grades 5-8. In trying to meet the needs of all of our students, we have decided Blue and Gold teams are interscholastic teams. Students who wish to play a sport but who do not make the Blue or Gold teams will be part of an instructional intramural program. The instructional intramural program will meet Monday through Thursday from 3:00-4:15.

Sportsmanship

Sportsmanship is a topic of continual discussion by coaches and athletic directors. St. Paul's players and fans have a reputation of excellence throughout Baltimore and the state of Maryland. The enjoyment of an athletic contest depends largely on the quality of spirit and sportsmanship displayed by the players and the fans. It is important we:

1. Remember that the game is for the players. They are here because they want to play and enjoy the experience. Your good sportsmanship will enhance this educational experience.
2. Recognize and appreciate skill performance, regardless of affiliation. Applause for opponent's good performance is a demonstration of generosity and good will.
3. Treat the officials with respect before, during, and after the contest. We cannot play the games without officials as they are an integral part of the game, and they should be recognized as impartial arbitrators.
4. Exercise self-control at all times, never boo an official, coach or player.

We have all witnessed the erosion of sportsmanship from youth leagues to professional sports. Flagrant fouls, trash talking and ejections are on the rise. St. Paul's recognizes the need to reverse this trend. We believe part of our mission is to promote good sportsmanship and sound ethical behavior. I hope you will support our players enthusiastically and model appropriate behavior for our students and other schools!

Communication

Occasionally during a season, issues will arise that affect players, coaches, parents, and the Administration. We ask that all issues are first brought directly to the coach. If the difficulty cannot be resolved with the coach, we ask that the following chain of communication be followed:

1. Head Coach/Assistant Coach
2. Athletic Director
3. Head of School
4. Headmaster

Cost of Athletic Participation

St. Paul's has tried to minimize the cost of athletic participation. Some of the costs a family might incur are:

- Blue shorts and a reversible shirt for physical education and practices;
- Socks; sneakers and the appropriate footwear for the sport;
- Any personal items a student might need to participate in a particular sport (i.e. lax stick and gloves, baseball glove, golf clubs, hockey equipment, and a tennis racquet...)
- Due to the need to rent a facility for Ice Hockey, Tennis, Track and Golf, we charge a fee to students who participate in these programs. The expected fees for 2018-2019 are listed below but these could change based on participation or changes in the School's rental agreements:
Ice Hockey \$400 Track \$100 Golf \$150 Crew \$300
- Hotels and meals for any overnight trips are an additional expense for families. Football, Wrestling, Crew, Lacrosse and Baseball are typically the sports that have overnight trips.

Below is a list of athletic teams we have offered each season. The number of teams we offer and the number of students on each team is dependent upon student interest as well as facilities.

<u>Fall:</u>	Varsity Football JV Football Blue Football FlagFootball	Varsity Soccer JV Soccer Frosh/Soph Soccer Blue Soccer Gold Soccer Intramural Soccer	Varsity Cross Country JV Cross Country MS Cross Country	V. Volleyball JV Volleyball
<u>Winter:</u>	Varsity Basketball JV Basketball F/S Basketball Blue Basketball Gold Basketball Intramural Basketball	Varsity Wrestling JV Wrestling MS Wrestling	Varsity Ice Hockey JV Ice Hockey Developmental Hockey MS Ice Hockey	Varsity Squash JV Squash MS Squash Breakfast Club Squash
<u>Spring:</u>	Varsity Baseball JV Baseball Blue Baseball Gold Baseball	Varsity Lacrosse JV Lacrosse F/S Lacrosse Club Lacrosse Blue Lacrosse Gold Lacrosse Intramural Lacrosse	Varsity Tennis JV Tennis Blue Tennis Gold Tennis	Varsity Golf JV Golf MS Golf Varsity Track Varsity Crew

In case of inclement weather please call **410-821-3060** for updated same day game information or check the school web site at www.stpaulsschool.org

St. Paul's School is a member of the Maryland Interscholastic Athletic Association. You can access all standings and learn about the league and MIAA rules on the league web site: www.miaasports.net

Fall practices for Upper School teams will begin on Monday, August 13 at 3:00 pm for all teams

Please feel free to contact any of the head coaches for our athletic teams with any questions.

Varsity Football	Scott Ripley	sripley@stpaulsschool.org
Varsity Soccer	Erik Washington	ewashington@stpaulsschool.org
Varsity Volleyball	SJ Greenway	sj@potomacabatement.com
Varsity Cross Country	Keith Culbertson	kculbertson@stpaulsschool.org
Varsity Wrestling	Rob Eiter	oly48kgs@verizon.net
Varsity Squash	Caswell Nilsen	cnilsen@stpaulsschool.org
Varsity Ice Hockey	Sam Kaplan	skaplan@stpaulsschool.org
Varsity Basketball	TBD	
Varsity Lacrosse	Trey Whitty	twhitty@stpaulsschool.org
Varsity Baseball	Brandon Taylor	btaylor@arrisdesign.com
Varsity Track	Keith Culbertson	kculbertson@stpaulsschool.org
Varsity Golf	Eric Nordstrom	enordstrom@stpaulsschool.org
Varsity Tennis	Paul Fisher	pfisher@stpaulsschool.org
Varsity Crew	TBD	